MOTIVATIONAL INTERVIEWING: Preparing People to Change: A THEORY AND SKILL BUILDING TRAINING SEMINAR DATES: October 17, 18 and 19, 2011 PLACE: Hotel Beacon, New York City PRESENTER: Kathleen Sciacca, M.A.

FEE: \$575.00 prior to September 2, 2011. \$675.00 after September 2cnd. Fee includes continental breakfasts, refreshments and course materials.

Limited to thirty participants.

Certificate of course completion will be awarded including 18 contact hours. Certified NYS OASAS trainer. CASAC, CCP & CPS credits pre-approved.

Tel.: 212-866-5935, e-mail: <u>ksciacca@pobox.com</u>. Fax: 212-666-1942. Mail Registration: Form attached – Next page.

Theory, Practice and Skill Building in the Miller/Rollnick Model of Motivational Interviewing will be the focus of this training; Prochaska and DiClemente's Stages of Change will be included in this three-day seminar. Includes *New* topics.

Motivational Interviewing provides evidence-based strategies and skills for working with many forms of change including: mental health, chemical dependency, criminal justice, homeless services, domestic violence, employee assistance programs, primary health care, HIV/AIDS, gambling and more. It is effective for both adult and adolescent populations.

*Understand Motivational Interviewing (MI) theory, concepts and philosophies. *Understand the contrasts between traditional interventions and Motivational

Interviewing strategies and interventions – Includes the spirit of MI.

*Learn the Correlates between Dual Diagnosis Interventions & MI.

*Learn the Stages of Change (Prochaska/DiClemente) and interventions.

**New!* Learn to measure client' readiness and utilize a worksheet to track progress.

*Learn the principles of Motivational Interviewing. Practice. *Acquire Intervention Skills Utilizing Motivational Interviewing Strategies and Techniques. Includes empathic/reflective listening skills. Practice.

*Build Motivation for clients at various stages of readiness and motivation. *Learn and Practice Strategies to deal with Discord - Resistance.

**New!* Understand how the Motivational Interviewing Treatment Integrity (MITI) scale and criteria are used to determine MI adherent interventions.

*Learn to Develop a Plan.

**New!* Learn to administer and interpret an MI compatible Functional Analysis. **New!* Understand the elements of Cognitive Behavioral Therapy that are compatible with MI.

*Learn to use Motivational Interviewing Strategies in Groups.

*Learn Brief Intervention Strategies.

Course includes lecture, live demonstrations, experiential practice, video demonstrations, written exercises, questions & answer segments and interactive discussion.

<u>Kathleen Sciacca, M.A.</u>, is trained as a trainer of Motivational Interviewing. She is a member of the MINT since 1995. She is a forerunner in the development of treatment interventions, program development & program materials for Dual Diagnosis; the author of the MIDAA Service Manual; Producer of the video Integrated Treatment/in Library of Congress. Ms. Sciacca has thirty-five years of clinical experience with MH, SA, HIV, Corrections, Health care, EAP, Homeless Services. Twenty-seven years as Dual Diagnosis trainer and program developer. Seventeen years as educator & trainer of Motivational Interviewing. Websites: <<u>http://pobox.com/~dualdiagnosis> & http://motivationalinterviewingtraining.com</u> new.

REGISTRATION

MOTIVATIONAL INTERVIEWING: THEORY AND SKILL BUILDING SEMINAR For Service Providers, Administrators and Educators for Mental Health, Substance Abuse, The Homeless, Criminal Justice, Primary Health Care, HIV/AIDS, Domestic Violence, Employee Assistance, Vocational Rehabilitation, Gambling, Weight Change, Welfare-to Work and Residential systems of care. For adult and adolescent populations. <u>DATES:</u> October 17, 18, and 19, 2011, 9 AM to 5:00 PM. Registration 8:30AM. <u>PLACE:</u> Hotel Beacon, 2130 Broadway at W. 75th St., New York City. <u>FEE:</u> \$575.00 prior to September 2, 2011; \$675.00 after September 2cnd. No refunds after September 2cnd. Fee cannot be applied to future seminars. <u>HOTEL RESERVATIONS</u>: Hotel Beacon -CALL: 212-787-1100, ext.623 or 800-572-4969. Mon – Fri. Specify "Motivational Interviewing Seminar." Special Room rates per night honored until August 26, 2011: \$255.00 King/Queen standard (single) or Two Doubles; \$295.00 King suite (King bed and queen sleep sofa) all rooms include kitchenette, 32" flat screen TV, wireless internet and full amenities. Hotel Information go to: http://www.beaconhotel.com/

Excellent location 3 blocks to Central Park, Museum of Natural History & Planetarium. Near to Lincoln Center, Times Square, Columbus Circle, Columbus Ave., Broadway (shops, restaurants), the East Side and all New York City attractions.

Mail Form to: Kathleen Sciacca, 299 Riverside Drive, 3E, New York, N. Y. 10025. *Make check or Money order payable to: Kathleen Sciacca in US dollars.

REGISTRATION FORM: MOTIVATIONAL INTERVIEWING SEMINAR. Motivational Interviewing. Theory, Practice and Skill Building. October 17, 18 & 19, 2011. *Limited to the first *thirty* registrants.

Mail to: Kathleen Sciacca, 299 Riverside Drive, 3E, New York, N. Y. 10025. *NAME:*

ADDRESS:

Telephone:

Fax:

<u>E-mail Agency:</u>

<u>Client population - change area:</u>

<u>Enclosed is: \$ p</u>

pay to: Kathleen Sciacca For # Participant(s)

***If multiple registrants please provide all names.** <u>Kathleen Sciacca, M.A.</u>, has a certificate as a trainer of Motivational Interviewing; Is a Member of the MINT since 1995. She is a certified NYS OASAS Trainer & Faculty member - CASAC, CCP & CPS credits pre-approved. We reserve the right to cancel this seminar.